



MEDIATION MECHANICS

YOUTH SUMMIT OUTLINE





MEDIATION
MECHANICS

Introduction

WHO I AM

WHY I DO THIS

WHEN I STARTED

HOW I STARTED

What Are We Going To Talk About

WHAT IS MEDIATION

PRINCIPLES OF MEDIATION

BENEFITS OF MEDIATION

HOW TO GET THERE

Peer Mediation

WHAT IS IT?

Trained youth act as a neutral mediator helping parties in conflict to understand the root cause of their dispute and to agree on a plan for resolving conflict;

1. Agree to mediate
2. Storytelling and gathering facts
3. Interest and needs
4. Create a win win



MEDIATION
MECHANICS

5. Create an agreement

HOW CAN IT HELP?

Empowers individuals to prevent, resolve and transform violent and non-violent conflict by developing

- values
 - skills
 - knowledge
- envision alternate options for action towards building peace.

Benefits Of Youth Mediation

- Self-regulation
- Self esteem
- Self discipline
- Transfer of skills to various like - family, neighbourhood
- Helping youth to become better problem solvers and responsible citizens.

NB: everyone needs a sense of belonging

Suspension pushes youth away from learning opportunities and communities, where mediation programmes promote critical thinking, builds on decision making skills and healthy relationships in education institutions and supports student determination.



Talking About Conflict

WHAT IS CONFLICT?

- A fight battle or struggle, especially a prolonged struggle, strife, controversy.
- Discord of action, feeling or effect antagonism or opposition, as of interests or principles.

Conflict occurs regularly in our daily lives,
Is it possible to say that conflict in and of itself is either “good” or “bad.”

In Chinese, the word for conflict is a combination of the word “danger” and the word “opportunity.”

The way they handle conflict determines whether the outcome will be negative or positive.

In this way, conflict is like fire – it can be useful for cooling or for creating warmth, and at the same time, if it gets out of control it can also be harmful and burn you or cause a lot of damage.

When we deal with conflict effectively, it is possible to see the positive aspects of it, we can learn a lot about ourselves and others from it, we can come up with creative ways to deal with problems, and we can even get closer to people through conflict. When we deal with conflict ineffectively, it can escalate quickly and lead to physical and/ or emotional harm/ violence.

CONFLICT IS NORMAL, NATURAL AND NECESSARY.

Despite the pervasive tendency to see conflict as negative, mediators and peacemakers see conflict as an opportunity for growth and development.



It is important to learn how to deal with conflict and how to respond to it.

What is my response to conflict?

Worksheet page 24 and 25 of hand out.

Then do page 25 conflict outcomes candy.

